



South African College Junior School

SQUASH 2017 (Grades 5 -7)



March 2017

Dear Parents

Welcome to the 2017 squash season!

As you will have noticed from the Winter Extra Mural Timetable, Monday and Tuesday sessions are from 14:45 until 15:30. These coaching slots are for team players only. (These boys will be notified as to when the sessions will commence.) Wednesdays and Thursdays are for social squash and challenges. Once trials have taken place, a ladder will be set up and boys may challenge each other in their own time or on a Wednesday or Thursday afternoon during the Junior School's allocated times. Unfortunately, owing to time constraints because of shared facilities, numbers are limited and boys must already be of a competent level when joining squash. After the order of the ladder has been established, a Grade 4 player who has an advanced level of competency and squash skills will be given an opportunity to challenge onto it. This is dependent on the number of players from Grades 5 - 7.

PROTECTIVE EYEWEAR

It is compulsory for squash players to wear protective eyewear. You will need to purchase a pair of protective glasses for your son. Glasses can be purchased from Sportsman's Warehouse or any sports shop. Safety is a priority!

- Each player must have his own black, yellow dot ball.
- No player may go onto the courts without a teacher or coach present.
- Protective eyewear must be worn at all times on the courts.

As our first league matches start in May, there is not much time to put players in an accurate order according to level and ability. The first few league games will therefore not be in strict order of ability but rather an estimate until ladder positions are more apparent. I have once again entered four teams into the WP Youth League in order to expose greater numbers of players to competitive squash. Your son may or may not be in a league team one week but through challenging, could well be in one at a later stage in the season. Most movement will be within the C and D teams.

Please communicate regularly with your son as to the latest updates on teams and ladder positions. As schools close at different times on Fridays, starting times for matches may vary. Also, not all schools participating have squash courts available to them. We share two courts with the High School who also play league matches on Fridays so timing for our home games is tight. Matches should take approximately an hour and a half to complete, depending on the level of competition, as well as travelling time to away matches.

I will be needing support in the following ways:

- Lifts for teams playing away
- Muffins / cookies for home games (8 per match)

There are four players per team and one reserve. Teams for each week will be announced on Wednesdays. Should your son have made the team for that week but is not available, please email me (colleen.reaper@sacsjr.org.za) or leave a message for me with the secretaries as soon as possible so that alternative arrangements can be made. Please remember the squash matches should he fall ill on a Friday! Reserves should bring togs to school on a Friday and be ready to play if needed.

As we have to share the courts with the High School, we must adhere to the time allocations in order to be fair to all players. Times for matches on Fridays are particularly crucial as Senior School matches commence at 15:00.

Please note the following rules set out by the Senior and Junior Schools for the use of the courts:

1. Courts will be open for use by SACS boys during their allocated times and staff only.
2. Ladder rules for Junior players: You may challenge someone two positions above yours. The result must be handed to the teacher-in-charge who will change the ladder position. Note that this new position does not automatically qualify you to play in a higher position in a team. Teams are played according to the selections notified on Wednesdays.
3. The last player on the courts must please switch off the lights and lock the door.
4. Dress code: For matches – white SACS sports shirt, white shorts, mainly white socks – no grey school socks. A blazer or school tracksuit must be worn to and from matches. At all times, non-marking squash shoes, mainly white. Players not correctly dressed for matches will not be allowed to play. A player may claim a match if his opponent refuses to wear eyewear.
5. Please ensure that no mud / dirt clings to your shoes when entering the squash court complex. Use the mat provided.
6. All matches will be played according to the rules of The International Game of Squash.
7. Balls: Only black, yellow dot balls may be used for matches. Advanced players may use double yellow dot balls – A league only.
8. All players are asked to keep the courts and surrounds clean – leave them in the condition you would like to find them. Be strict, concerned and responsible about protecting your property and the squash facilities. No fooling around will be tolerated.
9. Protective eyewear is compulsory.
10. SACS Junior Squash times:
 - Monday : 14:45 - 15:30 (team players only)
 - Tuesday : 14:45 - 15:30 (team players only)
 - Wednesday : 14:45 - 15:30 (practice)
 - Thursday : 14:45 - 15:30 (practice)
 - Friday : 13:15 - 15:00 (matches only)

Contravention of the above rules may result in the withdrawal of the privilege to use the facility.

Fixtures will be placed on the website next term.

Thank you in advance for your support of your son's squash.

Yours faithfully

COLLEEN REAPER