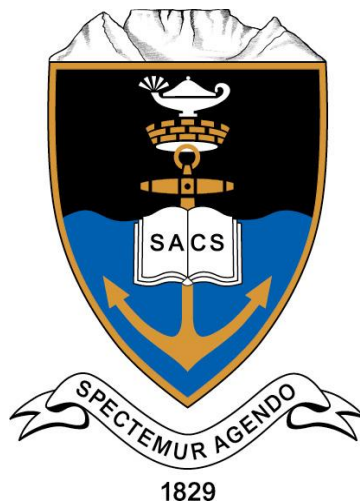


South African College Junior School



TERM 1, 2017

SUMMER EXTRA MURAL TIMETABLE

Commences: Monday 16 January 2017

(Grade One commences 30 January 2017)

Tuck pre-orders: 23 January - 23 March 2017

**THE DRESS CODES FOR PRACTICES AND MATCHES IN
EACH SPORT MUST BE STRICTLY ADHERED TO.**

Head of Sport: Mr K Marshall (021-689 4001, Ext. 222)

Sports Administrator: Mr A Kirsten (021-689 4001, Ext. 220)

www.sacollege.org.za

D6 Communicator: <http://www.school-Communicator.com/download.php>

Alerts and changes will be sent via D6 Communicator when necessary

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INCLEMENT WEATHER SPORT POLICY:

Sport is not officially cancelled, but relocated indoors. Coaches will be in charge of boys until the end of their practice unless otherwise stated on D6.

COMMUNICATION REGARDING MATCHES:

All match times and venues will be communicated to the boys via their coach. In the event of a match cancellation, an alert and notice will be logged on D6. For matches that take place on the weekend, the decision is often made at the venue. **Please do not assume that a match is cancelled.**

PHONE CARDS:

Please ensure that your son has a Telkom phone card or change to contact you from the public phones should he need to do so.

D6 Communicator

To receive daily alerts about changes to extramural changes and remain informed about pertinent school matters, please ensure that you have downloaded our D6 communicator. D6 is updated as and when information is received at the front office.

To download the SACS Junior D6 Communicator: **CLICK HERE**

- ***Open your web browser***
- ***Type in <http://www.school-communicator.com/download.php>***
- ***Scroll through the menu until you are able to select "SACS Junior School"***
- ***Follow the prompts***

SPORT

ATHLETICS (HEAD: MR A KIRSTEN) (Grades 1 and 2 only)

DRESS CODE: SACS white phys ed shirt with badge / house t-shirt, white phys ed shorts

GRADE 1: MRS S HARE / MRS L WINGHAM

MONDAY: 13:30 - 14:00

GRADE 2: MRS C-A GILBERT / FP INTERN

TUESDAY: 13:30 - 14:00

CRICKET (HEAD: MR A KIRSTSEN)

DRESS CODE: SACS white phys ed shirt / SACS cricket shirt ,white phys ed shorts, SACS sports socks (navy with white stripes), white trainers, SACS sports cap / hat.

GROUP	MON	TUES	WED	THURS	FRI	SAT
U13A: MR A KIRSTEN		15:00 - 17:00 Practice		15:00 - 17:00 Practice		08:00 - 13:30 Match
U13B: MR N ROCKHILL		15:00 - 16:30 Practice		15:00 - 18:00 Match		
U13C: MR G DE LA BAT		15:00 - 16:30 Practice		15:00 - 18:00 Match		
U13D: STUDENT		15:00 - 16:30 Practice		15:00 - 18:00 Match		
U12A: MR J BOTHAM		15:00 - 18:00 Match		15:00 - 17:00 Practice		
U12B: STUDENT		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U12C: MR J VIVIERS		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U12D: STUDENT		15:00 - 18:00 Match		15:00 - 16:30 Practice		
U12E: STUDENT					13:30 - 15:00	
U11A: MR K MARSHALL	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11B: STUDENT	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11C: MR R O'GRADY	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11D: STUDENT	15:00 - 16:30 Practice		15:00 - 18:00 Match			
U11E: STUDENT					13:30 - 15:00	
U10A: MR X KASANA	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10B: STUDENT	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10C: MR M DUDLEY	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10D: STUDENT	15:00 - 18:00 Match		15:00 - 16:30 Practice			
U10E: STUDENT					13:30 - 15:00	

MINI CRICKET (HEAD: MR X KASANA - GR 1 & 2; MR G EVANS - GR 3/U9)							
DRESS CODE: SACS white phys ed shirt with badge / house t-shirt, white phys ed shorts							
GROUP	COACHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
GRADE 1 / U7	MRS L WINGHAM MR N TINKLER MR X KASANA MR S SIMETU			13:30 - 14:30			
GRADE 2 / U8	MR N TINKLER MR X KASANA MRS C-A GILBERT MR S SIMETU				13:30 - 14:30		
GRADE 3 / U9	MR G EVANS MR J BOTHAM MS A MULLINS MRS M HARDIMAN MRS C TARENTAAL MR S SIMETU	Grade 3 13:30 - 14:30 Practice	15:00 - 17:00 Match				08:30 - 09:45 (Astro)

SWIMMING (HEAD: MS J WILSON) (JS – Junior School Pool)					
DRESS CODE: SACS costume, SACS swimming cap, SACS towel (optional)					
GROUP	COACHES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
SQUAD & IMPROVERS U7 & U8 / GRADES 1 & 2	MRS S KEULDER/ MRS S LUCAS/ MS S DAY/ MRS Y LATSKY/ MS J WILSON	*13:30 - 14:30 JS		*13:30 - 14:30 JS	
* Please note: It is optional to attend one or both sessions.					
IMPROVERS U9 / GRADE 3	MRS C TARENTAAL/ MRS M HARDIMAN/ MRS S LUCAS	14:45 - 15:15 JS			14:45 - 15:15 JS
SQUAD: U9 - U10	MISS K BOSCH/ MS J WILSON/ MISS C DOUGLAS/ MISS E VOSLOO	14:45 - 15:15 JS	14:45 - 15:15 JS	14:45 - 15:15 JS	Galas 15:30 - 17:00
SQUAD: U11 - U13		15:15 - 16:00 JS	15:15 - 16:00 JS	14:45 - 15:15 JS	

➤ **IMPROVERS:**

- Different ability groups at varying levels of competency from basics to team level.
- **This is not a beginners or 'no experience' group**, but rather stroke correction and improvement.

➤ **SQUAD: Includes all age groups, and former A, B and C league gala swimmers.**

- Boys training with outside clubs and coaches should attend at least **ONE** session to be considered for team selection.
- Galas take place on a Thursday.

PLEASE NOTE:

- All Improvers and Squad Swimmers – the wearing of a white SACS cap is encouraged.
- **Galas are as per Term calendar. White SACS swimming caps *MUST* be worn at Galas.**

TENNIS (LADDER) (HEAD: MS K HESS)

DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, white short socks, SACS sports cap, white soled trainers.

GROUP	COACH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
U11	MR A BUTCHER		14:40 - 15:40		15:00 - 16:00 (Matches)	
U13 (Senior)	MISS G McKINLAY / MS K HESS	14 :45 - 16 :00 (Practice)				League Matches

WATERPOLO (HEAD: MR J EDWARDS) SACS JUNIOR AQUATIC CENTRE

DRESS CODE: SACS / Waterpolo costume, SACS swimming cap, SACS towel.

GROUP	COACHES	MON	TUES	WED	THURS	FRIDAY	SATURDAY
U13 A	MR J WILMANS / MR D WEBB (Assist.)	16:00 - 16:45		15:20 - 16:05		06:30 - 07:30	
U13 B	MR C FAURE	16:00 - 16:45		15:20 - 16:05			
U13 C, D	MR S SCHULTZ	16:45 - 17:30		06:30 - 07:30			
U12 A	MR N TINKLER	06:30 - 07:30		16:15 - 17:00		06:30 - 07:30	
U12 B	MR G McKINNEY	06:30 - 07:30		16:15 - 17:00			
U12 C, D	MR K MARRIOT		06:30 - 07:30	16:00 - 16:45			
U11 A	MR J EDWARDS / MR D WEBB (Assist.)		16:30 - 17:15		06:30 - 07:30		
U11B	MR B BURT		16:30 - 17:15		06:30 - 07:30		
U11 C, D	MR J FORREST / MS I KLOPPERS		15:45 - 16:30		15:00 - 15:45		
U10 A, B	MR K BOTHA / MRS J McCLURE		15:00 - 15:45		15:45 - 16:30		
U10 C, D	MRS S STAMMERS		16:00 - 16:45		15:00 - 15:45		

FIXTURES FOR ALL AGE GROUPS ON A FRIDAY FROM 13:30.

ALL Water Polo players should attempt **at least one squad swimming session per week**, over and above their Water Polo practice. All Water Polo players may be called upon to take part in League Galas on a Thursday. This will take the place of squad on a Thursday.

EXTRA MURALS: OTHER AND PRIVATE

JUNIOR ART CLUB	TUESDAY
GRADE 2 Ms T Visser / Ms M Rousseau	13:25 - 14:25
SENIOR ART CLUB	MONDAY
GRADES 3 - 7 Mrs S Devine	14:40 - 15:40
PLEASE NOTE: Art Club is only for boys with a keen interest in Art, as numbers are limited. MATERIAL FEES: R300 / Term	

CLEVER CLAY (PRIVATE - MRS M HULLEY) CELL: 083 308 5838 martine.ceramics@gmail.com	
GROUP	WEDNESDAY
GRADE 2	13:15 - 14:15

CLIMBING (PRIVATE - MR R SUTER) CELL: 082 437 5145 ross@highadventure.co.za		
GROUP	MONDAY	THURSDAY
GRADES 3 - 7	14:45 - 17:00 (Indoor) / 15:00 - 17:45 (Outdoor)	14:45 - 17:00 (Indoor) / 15:00 - 17:45 (Outdoor)
At the start of the term a programme of the 8 sessions will be sent to parents of the boys interested in the climbing club. Outdoor sessions will take place at Lakeside, Silvermine, Peers Cave, Eagles Nest and Higgovale Quarry; boys will return to respective car parks by 18:00, or be back at school by 18:30 for those being collected from school.		

EXTRA TIME COMPUTERS (HEAD: MS J McCLURE)		
GROUP	MONDAY	THURSDAY
GRADES 4 - 7	14:40 - 15:30 Ms Visser	14:40 - 15:30 Mrs James

CUBS (AKELA: DR K BEGG) CELL: 082 771 9172 Kerrin@begg.co.za	
GROUP	TUESDAY
3 RD Claremont (SACS)	17:15 - 18:45
<ul style="list-style-type: none"> Boys approaching 7 years old are eligible to join the Pack and leave at the end of the term having had their 11th birthday. Application forms from Akela, Dr K Begg or the Secretaries Office. 	

ENVIRONMENTAL CLUB (HEAD: MS L ROSCOE)	
GROUP	TUESDAY or WEDNESDAY
GRADES 4 - 7	14:45 - 15:45
Enviro camp takes place in October / November. Approximate cost is R850.	

FENCING (HEAD: MR DAVID WAGENFELD – CELL: 072 194 1926) dwagenfeld@webafrica.org.za	
TUESDAY (Michael Oak Waldorf)	FRIDAY (SACS Gym Hall)
GRADES 4 - 7 : 15:00 - 16:15 SQUAD : 15:30 - 16:45	GRADES 1 - 3 : 13:00 - 14:00 GRADES 4 - 7 : 13:30 - 14:45 SQUAD : 15:30 - 16:45
PLEASE NOTE: Boys who attend the Tuesday session in Newlands need to make their own arrangements to get to and from Michael Oak Waldorf.	

GENERAL KNOWLEDGE (HEAD: MS L ROSCOE)		
GROUP	WEDNESDAY	THURSDAY
GRADES 6 - 7	07:30 - 08:00 (Ms Roscoe's Classroom)	
GRADES 4 - 5		07:30 - 08:00 (Ms Roscoe's Classroom)

JUDO (PRIVATE - HEAD: MISS J BUTCHER) CELL: 073 623 8019 info@wpskj.co.za	
DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, SACS tracksuit pants.	
GROUP	MONDAY
GRADE 1	13:15 - 14:00 (Gym Hall)
GRADE 2	14:15 - 15:00 (Gym Hall)
GRADES 3 - 7	15:00 - 16:00 (Gym Hall)

MARIMBA GROUP (HEAD: MRS L EASTMAN)	
GROUP	THURSDAY
GRADES 4 - 6	14:45 - 15:30

**PLEASE NOTE: Only for boys in Grades 4, 5 and 6 who do not play an instrument at SACS.*

MUSIC (HEAD: MR R JACOBS) Takes place every week of the year unless otherwise informed. In Term 1 all Bands and Choirs will only start after auditions.					
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNIOR CHOIR MRS B BOWNES	07:30 - 08:00 Class Music Room		07:30 - 08:00 Class Music Room		
SENIOR CHOIR MR R JACOBS / MISS G MCKINLAY		12:30 - 13:00 Auditorium		12:30 - 13:00 Auditorium	
CHAMBER CHOIR MRS B BOWNES		12:30 - 13:00 Hall		12:30 - 13:00 Hall	
**JUNIOR BAND MRS B BOWNES	**Only starts in Term 2	07:25 - 07:55 Band Room		07:25 - 07:55 Hall	07:25 - 07:55 Band Room
INTERMEDIATE BAND MISS K HESS		07:25 - 07:55 Hall	07:25 - 07:55 Hall		07:25 - 07:55 Hall
CONCERT BAND MISS G MCKINLAY / MR R JACOBS	07:25 - 07:55 Band Room		07:25 - 07:55 Band Room	07:25 - 07:55 Band Room	
JAZZ BAND MR R JACOBS		07:25 - 07:55 Auditorium			07:25 - 07:55 Auditorium
MUSIC THEORY MISS G MCKINLAY		14:40 - 15:10 (tbc)	14:40 - 15:10 (tbc)	13:15 - 13:40 2 nd Break	

TENNIS (PRIVATE - MRS C BALMAN) CELL: 074 190 7535 satoris.cb@gmail.com		
GROUP	WEDNESDAY	THURSDAY
GRADE R	12:45 - 13:30	12:45 - 13:30
GRADE 1		13:30 - 14:30
GRADE 2	13:30 - 14:30	
GRADE 3	13:30 - 14:30 / 15:00 - 16:00	15:00 - 16:00
GRADES 4 - 7	15:00 - 16:00	15:00 - 16:00

NB: Tennis lessons will only be cancelled if it's raining and the boys will be allowed to go home. You will be informed via SMS from Mrs Balman.

