

South African College Junior School



TERM 2 & 3, 2018

WINTER EXTRA MURAL TIMETABLE

Commences 10 April 2018

Tuck pre-orders commence 16 April 2018

Head of Sport: Mrs S Lucas: Gr 1 - 2

Mr K Marshall: Gr 3 - 7 (021-689 4001, Ext. 222)

Sports Administrator: Mr A Kirsten (021-689 4001, Ext. 220)

www.sacollege.org.za

D6 Communicator: <http://www.school-Communicator.com/download.php>

Alerts and changes will be sent via D6 Communicator when necessary

SPORTS UNIFORM REQUIREMENTS

SPORT / ACTIVITY
In alphabetic order



UNIFORM ITEM



	Athletics	Athletics	Climbing	Climbing	Cricket	Cricket	Cross Country	Hockey	Hockey Matches	Judo	Mini Cricket	Mini Hockey	Mini Rugby	Phys. Ed.	Rugby	Rugby	Squash	Swimming	Table Tennis	Tennis	Waterpolo
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THE FOLLOWING SACS UNIFORM ITEMS ARE COMPULSORY:

Phys. Ed Shirt White golf style (badge) SACS Sport Shop R180	✓		✓	✓	✓	✓	✓	✓		✓	✓	✓		✓			✓	✓	✓	✓	✓
White Phys. Ed. shorts S&L/ SACS Sport Shop/ any shop	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	
Navy quantec shorts with badge. Gr.4-7 only SACS Sport Shop R180	✓		✓		✓			✓	✓ 1sts only					✓			✓ 1sts only	✓		✓ 1sts only	✓
Tracksuit S&L	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tog bag S&L	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Peak cap OR UV wide brimmed hat SACS Sport Shop R70/R390	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Navy sports socks U10 up (Cricket, Hockey) SACS Sport Shop R60					✓	✓		✓	✓		✓	✓				✓					
House T-shirt SACS Sport Shop R60	✓		✓					✓			✓	✓		✓							
Swimming costume S&L														✓				✓			✓
Sport shoes/trainers must be WHITE or predominantly WHITE																					

THE FOLLOWING ITEMS ARE COMPULSORY ONLY FOR BOYS PARTICIPATING IN THAT PARTICULAR SPORT:

Waterpolo costume (compulsory for matches only) S&L																						✓
Athletics vest blue Interschools Athletics/X-Country S&L	✓	✓	✓				✓															
Hockey match shirt U9 upward S&L									✓			✓ U9										
Cricket match shirt U10 upward SACS Sport Shop R240					✓																	

SPORT / ACTIVITY <i>In alphabetic order</i>																						
UNIFORM ITEM ↓	Athletics	Athletics	Climbing	Climbing	Cricket	Cricket	Cross Country	Hockey	Hockey Matches	Judo	Mini Cricket	Mini Hockey	Mini Rugby	Phys. Ed.	Rugby	Rugby Matches	Squash	Swimming	Table Tennis	Tennis	Waterpolo	
Mini Rugby jersey Supplied at school													✓									
Rugby match jersey U9 upward SACS Sport Shop																✓						
Predominantly black Rugby boots U10 upward SACS Sport Shop / Any retailer														✓	✓							
THE FOLLOWING ITEMS ARE OPTIONAL:																						
Rugby practice jersey U9 upward SACS Sport Shop R240															✓							
Rugby practice shorts (plain navy)													✓	✓								
Navy scrumcap SACS Sport Shop R360														✓	✓							
Hockey bag pre-order only SACS Sport Shop R360								✓	✓													
Cricket cap plain navy S&L					✓	✓																
Cricket cap 2-tone 1st team only S&L					✓	✓																
Cricket sleeveless jersey U10 upward SACS Sport Shop R260					✓	✓																
Swimming towel SACS Sport Shop R190													✓					✓				✓
Swimming cap <i>compulsory for galas</i> SACS Sport Shop R70													✓					✓				
Waterpolo long jacket SACS Sport Shop																						✓

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INCLEMENT WEATHER SPORT POLICY:

Sport is not officially cancelled, but relocated indoors. Coaches will be in charge of boys until the end of their practice unless otherwise stated on D6.

COMMUNICATION REGARDING MATCHES:

All match times and venues will be communicated to the boys via their coach. In the event of a match cancellation, an alert and notice will be logged on D6. For matches that take place on the weekend, the decision is often made at the venue. **Please do not assume that a match is cancelled.**

PHONE CARDS:

Please ensure that your son has a Telkom phone card or change to contact you from the public phones should he need to do so.

SPORT

D6 Communicator

To receive daily alerts about changes to extramural changes and remain informed about pertinent school matters, please ensure that you have downloaded our D6 communicator. D6 is updated as and when information is received at the front office.

To download the SACS Junior D6 Communicator: **CLICK HERE**

- ***Open your web browser***
- ***Type in <http://www.school-communicator.com/download.php>***
- ***Scroll through the menu until you are able to select "SACS Junior School"***
- ***Follow the prompts***

CROSS-COUNTRY (HEAD: MR J BOTHAM)			
GROUP	MONDAY	TUESDAY	FRIDAY
GRADE 1 & 2	13:30 - 14:00 Mrs S Salmon / Mrs M Hardiman / Miss S Day / Miss K Willmers		
GRADE 3		14:30 - 15:00 Mrs C-A Gilbert / Ms A Mullins	
GRADE 4 - 7		14:45 - 15:45 Mrs J Ashwell / Mrs C Tarentaal (Out run: U10 - U13)	14:00 - 17:00 Ms A Mullins / Mrs C-A Gilbert

GENERAL KNOWLEDGE (HEAD: MRS S STAMMERS)	
GROUP	WEDNESDAY
Grades 4 - 5	07:30 - 08:00 (Mrs I Fisher - Library)
Grades 6 - 7	07:30 - 08:00 (Mrs S Stammers - Library)

MINI-HOCKEY (HEAD: MRS Y LATSKY)		
DRESS CODE: SACS white phys ed shirt (practices), white phys ed shorts, SACS navy sports socks, trainers.		
GROUP	MONDAY	TUESDAY
MRS Y LATSKY / MISS C GODFREY / MISS M ARENDESE / MR I SINCLAIR / MR R MAHARAJ (Monday) MS C NEWLANDS (Tuesday) MISS K WILLMERS (Tuesday)	U8: 13:25 - 14:30 (SACS Main Astro)	U7: 13:25 - 14:30 (SACS Main Astro)

HOCKEY (HEAD: MR G EVANS)				
DRESS CODE: SACS white phys ed shirt with badge / house t-shirt (practices), SACS hockey shirt (matches), white phys ed shorts, SACS navy sports socks, trainers. SACS Hockey shirt (U9 matches only).				
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
U9: MRS A BURMEISTER (Head) MISS S BULLEY MISS K HESS MISS G McKINLAY MR A FLETCHER MS I KLOPPERS MS C MURRAY	14:40 - 15:30 (Tennis Astro) Practice		15:00 - 16:45 (Hartleyvale) Match	
U10A: MR G McKINNEY U10B: tbc U10C: MR I SINCLAIR U10D: MISS K BOSCH U10E: MRS S STAMMERS U10F: tbc		14:45 - 16:15 (SACS Main and Tennis Astros) Practice		14:45 - 16:30 Match
U11A: MR G EVANS U11B: MR B SHARP U11C: MISS C DOUGLAS U11D: tbc		14:45 - 16:15 (SACS Main Astro till 16:00) Practice		14:45 - 16:30 Match
U12A: MR R O'GRADY U12B: tbc U12C: MISS M OLIVER U12D: MR B STIJKLE	14:45 - 16:15 (SACS Main Astro till 16:00) Practice		14:45 - 16:30 Match	
U13A: MR J BOTHAM U13B: MR M BARETT-SMITH U13C: MR I SINCLAIR U13D: MR D ROBERTS	14:45 - 16:15 (SACS Main Astro till 16:00) Practice		14:45 - 17:00 Match	

MINI-RUGBY (HEAD: MRS LUCAS)			
DRESS CODE: Grades 1 & 2: white, navy or black phys ed shorts, SACS mini-rugby jersey, no boots			
GROUP	WEDNESDAY	THURSDAY	SATURDAY
U8: MRS S LUCAS / MRS S SALMON / MR B PUNT / MR X KASANA		13:30 - 14:30	09:00 - 10:30
U7: MRS S LUCAS / MISS K WILLMERS / MRS M HARDIMAN / MR B PUNT / MR X KASANA	13:30 - 14:30		09:00 - 10:30

RUGBY (HEAD: MR MARSHALL) (SENIOR COACH: U10 - U13: MR MARSHALL)				
DRESS CODE: Matches: SACS rugby jersey, white phys ed shorts, SACS navy sports socks, rugby boots – predominantly black (U10 upwards). Grade 3 (U9): white phys ed shorts, SACS rugby jersey (matches), no boots. Practices: any rugby jersey, any rugby shorts and socks.				
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
U9 A - E: MR G DE LA BAT (Head) / MR R JACOBS / MR A BUTCHER / MR N TINKLER / MR G MCKINNEY / MR HAY; MR PRICE & MR BOYD (Students)		14:45 - 16:00		14:45 - 16:00
U10A: MR X KASANA / MR S MURRAY (Student)	15:00 - 16:30		15:00 - 16:30	
U10B: MR CORNELLISSSEN (Student)	15:00 - 16:30		15:00 - 16:30	
U10C: MR B PUNT	15:00 - 16:30		15:00 - 16:30	
U10D: MR JOHNSON (Student)	15:00 - 16:30		15:00 - 16:30	
U11A: MR C FAURE / MR J WILMANS	15:00 - 16:30		15:00 - 16:30	
U11B: MR N TINKLER	15:00 - 16:30		15:00 - 16:30	
U11C: MR M DUDLEY	15:00 - 16:30		15:00 - 16:30	
U11D: MR BASADIEN (Student)	15:00 - 16:30		15:00 - 16:30	
U12A: MR J VIVIERS / MR A KIRSTEN		15:00 - 16:30		15:00 - 16:30
U12B: Mr EBRAHIM / MR SCHULTZ		15:00 - 16:30		15:00 - 16:30
U12C & D: MISS E VOSLOO / MR TAGARA & MR RILEY (Students)		15:00 - 16:30		15:00 - 16:30
U13A: MR K MARSHALL / MR J WILMANS		15:00 - 17:00		15:00 - 17:00
U13B: MR J EDWARDS		15:00 - 17:00		15:00 - 17:00
U13C & U13D: MR N ROCKHILL / MR VOSLOO / MR PYM (Student)		15:00 - 17:00		15:00 - 17:00

SQUASH (HEAD: MRS C REAPER)					
DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, white short socks, white soled trainers and protective eyewear (compulsory).					
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Grades 5 - 7	Group 1 Team Players	Group 2 Team Players	Ladder & Social	Ladder & Social	Matches
	Only starts after trials				
	14:45 - 15:30 Mrs C Reaper	14:45 - 15:30 Mr R O'Grady	14:45 - 15:30 Mrs C Reaper	14:45 - 15:30 Mrs B Bownes	13:15 onwards Mrs C Reaper / Mr R O'Grady / Mr J Botham
Please note: Owing to time constraints because of shared facilities, numbers are limited and boys must already be of a competent level. Grade 4: Once the order of the ladder has been established, a Grade 4 player who has an advanced level of competency and squash skills will be given an opportunity to challenge onto it. This is dependent on the number of players from Grades 5 - 7.					

TABLE TENNIS (HEAD: MISS N MATU)			
DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, white short socks, white soled trainers.			
GROUP	MONDAY	TUESDAY	WEDNESDAY
Grades 5 - 7	14:45 - 16:00 Miss N Matu Practice	14:45 - 16:00 Miss N Matu Practice	15:00 - 16:00 Miss N Matu Matches

LADDER TENNIS (HEAD: MS K HESS)
DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, white short socks, SACS sports cap, white soled trainers.
THERE IS NO LADDER OR TEAM TENNIS IN THE 2ND AND 3RD TERMS: PRIVATE COACHING CONTINUES AS NORMAL.

EXTRA MURALS: OTHER AND PRIVATE

JUNIOR ART CLUB	WEDNESDAY
Grade 2 Ms M Rousseau / Ms T Visser	13:30 - 14:30
SENIOR ART CLUB	WEDNESDAY
Grades 3 - 7 Mrs S Devine	14:45 - 15:45
PLEASE NOTE: Art Club is only for boys with a keen interest in Art, as numbers are limited.	
MATERIAL FEES: R250 / Term (Gr 2); R300 / Term (Gr 3 - 7), to be paid by end April for Term 2 and by end July for Term 3.	

CHESS GRADES 3 - 7 (HEAD: MRS I FISHER)			
GROUP	MONDAY	TUESDAY	FRIDAY
Grades 2 - 7	Practice	Practice	Matches
	14:30 - 15:30 Mr R Salimu	14:30 - 15:30 Mr R Salimu	Mrs I Fisher (Times communicated by Coach)

CLEVER CLAY (PRIVATE - MRS M HULLEY) CELL: 083 308 5838 martine.ceramics@gmail.com	
GROUP	TUESDAY
Grade 2	13:15 - 14:15

CLIMBING (PRIVATE - MR R SUTER) CELL: 082 437 5145 ross@highadventure.co.za

GROUP	MONDAY	THURSDAY	FRIDAY
Grades 3 - 7	14:35 - 16:50 (Indoor) / 15:00 - 17:30 (Outdoor)	14:35 - 16:50 (Indoor) / 15:00 - 17:30 (Outdoor)	13:05 - 15:20 (Indoor) / 13:30 - 16:00 (Outdoor)

Term programme available. Scheduled indoor sessions will be at SACS climbing wall in sports hall and, if bad-weather on scheduled outdoor days, sessions will be at City Rock gym. Outdoor sessions will take place at Lakeside, Wolfkop, Lower Silvermine Crag, Eagle's Nest, and Higgovale / Glencoe quarry. Parents share lifting to outdoor venues and City Rock gym (if used). Boys will return to respective car parks by 17:45 (16:15 on Fridays), or be back at school by 18:20 (16:50 on Fridays) for those being collected from school.

CUBS (AKELA: ALISTAIR SANSOM) CELL: 083 277 5223 ajs@ctsa.co.za

GROUP	TUESDAY
3 RD Claremont (SACS)	17:15 - 18:45

- Boys approaching 7 years old are eligible to join the Pack and leave at the end of the term having had their 11th birthday.
- Application forms from Akela, Alistair Sansom or the Secretaries Office. Placing is dependent on space availability in the Pack.

ENVIRONMENTAL CLUB (HEAD: MS L ROSCOE)

GROUP	TUESDAY or WEDNESDAY
Grades 4 - 7	14:45 - 15:45

EXTRA TIME COMPUTERS (HEAD: MS J McCLURE)

GROUP	MONDAY	THURSDAY
Grades 4 - 7	14:50 - 15:30 Mrs J McClure	14:50 - 15:30 Mrs J McClure

FENCING (HEAD: MR DAVID WAGENFELD – CELL: 072 194 1926) dwagenfeld@webafrica.org.za

GRADES 1 - 3 : 13:00 - 14:00 GRADES 4 - 7 : 13:30 - 14:45 SQUAD : 15:00 - 16:00	FRIDAY (SACS Gym Hall)
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JUDO (PRIVATE - HEAD: MISS J BUTCHER) CELL: 073 623 8019 info@wpskj.co.za

DRESS CODE: SACS white phys ed shirt with badge, white phys ed shorts, SACS tracksuit pants.

GROUP	MONDAY
Grade 1	13:15 - 14:00 (Hall)
Grade 2	14:00 - 14:45 (Hall)
Grades 3 - 7	14:45 - 15:45 (Hall)

MARIMBA GROUP (HEAD: MRS L EASTMAN)

GROUP	THURSDAY	*PLEASE NOTE: Only for boys in Grades 4, 5 and 6 who do not play an instrument at SACS.
GRADES 4 - 6	14:45 - 15:30	

MUSIC (HEAD: MR R JACOBS) Takes place every week of the year unless otherwise informed.					
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUNIOR CHOIR MRS B BOWNES	07:30 - 08:00 Class Music Room		07:30 - 08:00 Class Music Room		
SENIOR CHOIR MR R JACOBS / MISS G MCKINLAY		10:10 - 10:40 Auditorium		10:10 - 10:40 Auditorium	
CHAMBER CHOIR MRS B BOWNES		10:10 - 10:40 Auditorium		10:10 - 10:40 Auditorium	
JUNIOR BAND MRS B BOWNES	**Starts 2 May	07:25 - 07:55 Band Room		07:25 - 07:55 Hall	07:25 - 07:55 Band Room
INTERMEDIATE BAND MISS K HESS		07:25 - 07:55 Hall	07:25 - 07:55 Hall		07:25 - 07:55 Hall
CONCERT BAND MR R JACOBS / MISS G MCKINLAY	07:25 - 07:55 Band Room		07:25 - 07:55 Band Room	07:25 - 07:55 Band Room	
JAZZ BAND MR R JACOBS		07:25 - 07:55 Auditorium			07:25 - 07:55 Auditorium
MUSIC THEORY MISS G MCKINLAY			13:00 - 13:25 Auditorium		

TENNIS (PRIVATE – MRS C BALMAN) CELL: 074 190 7535 satoris.cb@gmail.co.za			
GROUP	WEDNESDAY	THURSDAY	FRIDAY
GRADE R	12:45 - 13:30	12:45 - 13:30	
GRADE 1		13:30 - 14:30	
GRADE 2	13:30 - 14:30		
GRADE 3	15:00 - 16:00	15:00 - 16:00	13:30 - 14:30
GRADES 4 - 7	15:00 - 16:00	15:00 - 16:00	13:30 - 14:30

NB: Tennis lessons will only be cancelled if it's raining and the boys will be allowed to go home. You will be informed via SMS from Mrs Balman.

OTHER & PRIVATE CONTACT NUMBERS:

AFTERCARE: Mrs Marie-Anne de Nys: Phone: (021) 689-8779 (after 12 Noon) / Marieanne.denys@sacsjr.org.za

CATECHISM: (Friday) Gr 1 - 2: 13:15 - 13:45

Gr 3 - 7: 13:15 - 14:00

Mrs Orlanda Butler: sacscatechism@gmail.com

DRAMA: (Friday) Gr 5 - 7: 13:30 - 14:30

Mrs Sue Devine: Tel: (021) 689 4001 and leave a message / sue@mwebbiz.co.za

MADRESSA: (Mon -Thurs) Gr 1 - 2: 13:30 - 14:45

Gr 3 - 7: 14:45 - 16:00

Rafiekah Adams: Cell: 076 650 6628 or 084 276 3591 / sacsmads@gmail.com

SAILING: Mrs Jo Ashwell: Cell: 082 951 7563 / Jo.Ashwell@sacsjr.org.za (See website for details)

EXTRAMURAL TIMETABLE AND UPDATES AVAILABLE ON SACS WEBSITE www.sacsjunior.org.za and D6 Communicator.